At Last

by Celtic Spirit

sometimes, from within the pain we find the strength to let go.

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Chapter 1 of 1

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Today my heart runs fast

My body can't keep along

My soul was left behind

You're out of my sight, at last

I cried for so many hours

Until the tears i could away cast

It was the best i ever did

I'm not near you, at last

For an eternity you were there

All my life you held my hand

All your life you heard my fears

Now you're free of my tears, at last

When i felt sad you cooped with me

When my troubles were too great

You always had an answer

Now you are cheerful, at last

For the first time i do right

I left you in despite

Of my aching heart

For you suffer no more, at last

I set you free like a butterfly

For you to enjoy life and fly

For had i stay more you'd suffer

Only i hurt for my aches, at last

Today my heart runs slow

My body passed it fast

My soul died long ago

You are free of me, at last