These Words

by Lillith Maria

A short poem that is about my poetry and how I feel.

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Chapter 1 of 1

A short poem that is about my poetry and how I feel.

These words are my tears,

My laughter, my life.

They express me and all that I feel.

They protect me

From the hurt inside.

They save me

from you.

This is the way I like it.

This is how I choose to live.

It might not last forever,

But it works for now.

These words hold my soul.

They keep my heart captive.

Because

If my heart is trapped within these words,

It won't get broken again.

These words save me.

They help me survive.

There's no other may

For me to stay whole.

These words are mine.

They express me

And all that I feel.